

EDGEWOOD CENTER PEDIATRICS PC



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Eighteen Month Exam

Weight _____ lbs. _____ oz Length _____ inches Head Circumference _____ inches
_____ percentile _____ percentile _____ percentile

Feeding

Some toddlers are very picky eaters. If they eat a balanced diet over a course of a week they will get the nutrients their body needs. If you have well water at home continue with the fluoride supplement. Fluoride is needed until adult teeth are all in place.

Development

Your child is probably using 6 words or more, feeding themselves, using a spoon, walking up steps, and stacking 2 – 3 blocks. You will notice the largest increase in language skills between 2 and 3 years of age. Continue reading simple stories regularly; develop a nightly routine (reading, brushing teeth, etc.) before bedtime.

Safety

- 1) Supervise play near street and driveway. Children move quickly and can run into the street.
- 2) Never leave your child unattended in the car, house, or outside.
- 3) The only safe way for a baby to travel is in an approved car seat, installed according to the manufacturer's instructions. Infants up to 20 lbs **and** 2 years of age should be rear facing, and never placed in the front seat.
- 4) Double-check that all cleaners, detergents, medicines, and sharp objects are locked up and out of reach. Keep the poison control number (1-800-222-1222) near your phone.

Immunizations

- 1) Hepatitis A #2

* Your child may receive other vaccines other than what is mentioned above based on previous vaccines given.

Next Visit

Next visit is in six months, when your child is two years of age.

